



Nonviolent Communication Training SPEAKING TRUTH WITH CARE:

How to listen and speak in a way that lets others know they matter,
even when we do not agree with them

August 5, 2023
9am-1:30pm, PST / 12noon-4:30pm, EST

In this 4-hour online interactive Nonviolent Communication workshop, you will learn:

- ♥ How to listen and hear what is important to others, even when you don't agree with them.
- ♥ How to express what matters to you in a way that helps others to hear you, especially when they don't agree with you.
- ♥ How to make clear requests and transition between listening and expressing to weave togetherness, even within divergence, and move the conversation forward.
- ♥ There will be a 30 minute break from 11-11:30am, PST

This training is offered through a collaboration with Reclaiming Life and the Peace Alliance National Department of Peacebuilding Campaign in preparation for 2023 Fall Advocacy Days (for more skill in navigating connecting conversations and/or finding common ground) and can be attended for its own value or in conjunction with participation with advocacy.

Requested financial contribution: \$100-\$300

Creating a sliding scale supports our capacity to sustain our work and continue to serve. It also helps us include those without the financial resources to participate. Please consider contributing at the higher end of the scale and beyond, if you have the resources and willingness to do so.

While we make our request for support known, we invite you to choose an amount within your financial capacity, including below the minimum requested.



AYA CASPI - is a Certified Trainer with the Center for Nonviolent Communication, based in California. She has dedicated herself to applying radical, uncompromising nonviolence in every small detail of life, starting with the ongoing laboratory of her family, including her three children. Aya has spent the last 15 years bringing her unique blend of vision, practical clarity, and deep commitment to transformation to settings as varied as schools, families, mediation, social change communities, nonprofit organizations and media. Find out more [here](#).

[Watch a 13-minute film about Aya's work at Ghidotti High School:](#)

For questions, please email: aya.openheart@gmail.com or karen@peacealliance.org