

Connecting with your Congressman on Social Media

There is a reason your Congressman uses social media. It's to stay connected with his or her constituents. With social media, the door to communication is always open—the Internet never sleeps.

Ways to Connect

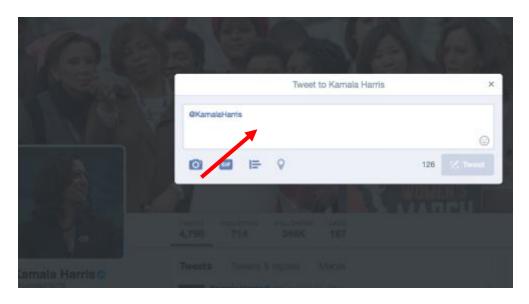
• Sending a private message to your Congressman on Facebook



• Posting a public comment on a Congressman's Facebook page



• Tweeting to your Congressman



Best Practices

- In your Facebook and Twitter profile, always indicate the city and state in which you live. Your Congressman needs to identify that you're their constituent.
- Make sure your message is empathetic and peaceful.
- Make sure your profile photo is a photo of yourself. Otherwise, you may come off as a "troll."
- Similar to leaving your Congressman a voicemail, be polite and brief.
- Be clear about what you're asking your Congressman to do ... support or don't support a particular bill or policy.
- Be persistent. It's okay to message and tweet your Congressman more than once.

What to Expect

- You may not receive a response back. Don't worry about that because your message has been received.
- If your message is public, you can those that don't agree with your views. If you do, that's okay because it's an opportunity for peace building! Engage in dialogue with the person if you so wish.